

## **Elements necessary to start a practice of PT for the treatment of urinary incontinence**

### Minimum necessary to start

- Privacy: room with closed doors
- Good lighting
- Table of treatment and pillows
- Sheet or paper table and draping
- Gloves and lubricant
- Hand mirror
- Elastic exercise band
- Materials for washing hands - anti bacterial hand disinfectant or sinks
- Patient education materials: model, image, book, documents
- Resources and clinical forms
- The therapist education
- Scheming policies manual of procedure and procedure

### It would be important to have

- Help with EMG team
- Pressure biofeedback
- Team of electrical stimulation to the PFM
- High low treatment table (electrical)
- Continuing professional education
- Membership in professional organizations

### When business is going well

- On-screen EMG
- Samples of material for the purchase or rental - can have articles on stock for patients to buy or have contact with the provider
- Continuing education

### When the business is really well succeeded

- Rehabilitation ultrasound
- Bladder scan