

7th Annual Midwest Pelvic PT Study Day

Take Two - Webinar

April 25, 2020

Description: This 3 hr webinar is intended to bring state of the art education to Midwest Pelvic PTs. As we are not able to physically gather, it is more important than ever that we virtually gather. We will try to keep the focus on providing a format for discussion, sharing and questions.

Location:

Allied Health Education www.alliedhealthed.com has offered to host the course at no cost. The meeting will be recorded and available for review after the meeting.

Date: April 25, 2020 from 9 to 12

CEU: none offered

Level: Beginner, intermediate, and advanced practitioners welcome. It is suggested that participants are actively treating patients with pelvic floor dysfunction. This webinar is to augment, advance, and deepen learning and is not intended as a primary course.

Audience: PT and PTA

Cost: Free

Handouts: will be available for download at the time of the webinar

Registration - You must register ahead for the meeting ahead including your name, email, phone and city / state of practice. Participant list with this information will be available after the meeting for continued networking. If you have trouble with registration or logging on, please call Allied Health 1-888-459-2272 ext. 505

Registration Link:

https://events-na11.adobeconnect.com/content/connect/c1/1086091735/en/events/event/shared/default_template_simple/event_landing.html?connect-session=na11breezc6r9c9asiiyugr2d&scoid=2684237437&_charset=utf-8

On the day of the meeting, use this link to access the webinar

Log In Link:

https://events-na11.adobeconnect.com/content/connect/c1/1086091735/en/events/event/shared/default_template_simple/event_login.html?connect-session=na11breezc6r9c9asiiyugr2d&scoid=2684237437&_charset=utf-8

Topics

“Integrative Nutrition and Other Therapies for Endometriosis and Pelvic Pain”.

Dr. Jessica Drummond, DCN, CCN, PT

Lecture and Q and A

1. The participants will understand how to screen for appropriate patients for nutrition and lifestyle medicine therapies for endometriosis and pelvic pain.
2. The participants will understand which systems to address for optimal endometriosis and pelvic pain symptom relief.
3. The participants will complete an interactive case study of a patient with endometriosis from pre-op to post-op excision surgery to full recovery to optimizing fertility, healthy pregnancy, and postpartum recovery.

"Tension Myalgia of the PFM - diagnosis and conservative management"

Dr Beth Shelly PT, DPT, WCS, BCB PMD

1. Define PFM tension myalgia and discuss its co-morbidities and possible Etiology
2. Explain assessment for PFM tension myalgia - symptoms, signs and investigations
3. Review possible conservative management strategies and outcomes

" COVID 19 changes to Pelvic PT and telehealth"

A group of Pelvic PT experts will discuss the changes they have made in their practice in response to COVID 19 pandemic

1. Explore telehealth options in pelvic PT
2. Share strategies for remaining open and for full reopening of in clinic practice

Time	Presentation Title and Speaker
9:00 - 10:30	Integrative Nutrition and Other Therapies for Endometriosis and Pelvic Pain - Jessica Drummond
10:30 - 10:45	Break
10:45 - 11:30	Tension Myalgia of the PFM - diagnosis and conservative management - Dr Beth Shelly DPT
11:30 - 12:00	COVID 19 changes to Pelvic PT and telehealth
12:00 pm	Adjourn